



*Please join us for the next*

***Minnesota***

***“Virtual” Sjögren's Support Group Meeting  
via Zoom***

**Meeting Date:**

**Thursday, April 29, 2021**

**Meeting Time:**

**12:00 noon (CDT)**

**Meeting Agenda:**

The theme for the meeting is: *"Charting Your Sjögren's Journey"*

**Replay Pre-Recorded Sessions from recent  
Sjögren's Foundation Patient Conferences:**

***"Sjögren's Overview"*  
by Chadwick R. Johr, MD**

***"How Coaching Can Help You Live Your Best Life"*  
by Janet E. Church**

*Following the pre-recorded sessions,*

**Dr. Kenneth Britton,**

Physical Medicine and Rehabilitation,

will moderate a Q&A session and facilitate a discussion  
about how Sjögren's is diagnosed, how it can manifest itself,  
and how to use coaching to live your own best life.

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**How to RSVP:**

If you wish to participate in the “virtual” group meeting,  
please *email Cynthia* at: [redduncan936@gmail.com](mailto:reduncan936@gmail.com)

*After you RSVP,*  
Cynthia will email you the *Log-In information*  
for the ZOOM meeting.

Cynthia Neubecker and Rita Britton  
*Minnesota Support Group Co-Leaders*  
Cynthia: 612-327-0169 / Rita: 651-238-6614

**\*RSVP Required\***