

Space is limited. Please register early!

Registration Form

Registration fees include: Lunch each day, snacks and beverages, Friday evening dinner, hand-out material from speakers and entrance to exhibit area on Friday and Saturday.



2012 NATIONAL PATIENT CONFERENCE
LA JOLLA, CALIFORNIA — APRIL 20-21, 2012

1 ATTENDEE – complete for each registrant

Attendee Name(s) _____
Attendee Name(s) _____
Street Address _____
City _____ State _____ Zip _____
Telephone _____ E-mail _____

2 FEES – please circle appropriate fee(s) (Note: Early Bird Deadline is March 26, 2012)

SSF Members & Guests
Non-Members

March 26th and before	March 27th and after
\$165 per person	\$185 per person
\$190 per person	\$210 per person

TOTAL:

3 PAYMENT – Mail to SSF, c/o BB&T Bank • PO Box 890612 • Charlotte, NC 28289-0612 or Fax to: 301-530-4415

Enclosed is a check or money order (in U.S. funds only, drawn on a U.S. bank, net of all bank charges) payable to SSF.
 MasterCard VISA Discover AmEx Card Number _____ Exp. Date _____
Signature _____ CC Security Code _____

- Refund requests must be made in writing. Registrants whose written requests are received by March 30th will receive a 75% refund. After that time, we are sorry that no refunds can be made.
- Dietary Requests: Unfortunately, we cannot accommodate all special dietary requirements. We can accommodate vegetarian or gluten-free dietary requests. If you require a vegetarian or gluten-free meal option, please contact Stephanie Bonner at the SSF office (301-530-4420, ext. 214) by April 11th.
- A limited number of rooms are available at the San Diego Marriott La Jolla (4240 La Jolla Village Drive, La Jolla, CA 92037) at the SSF rate of \$120 per night plus tax if reservations are made by March 26, 2012. Call the toll-free hotel reservation number at 800-228-9290 or call the San Diego Marriott La Jolla directly at 858-587-1414 and refer to the group name "Sjögren's Syndrome Foundation" for the discounted rate.
- The San Diego Marriott La Jolla is approximately 15 miles from the San Diego International Airport. The hotel **does not** provide a shuttle service. Alternate transportation suggestions: Super Shuttle/800-974-8885. Estimated Taxi Fare/\$43 (one way).

QUESTIONS? Call 800-475-6473 or visit www.sjogrens.org



6707 Democracy Blvd., Ste 325
Bethesda, MD 20817

2012 SSF National Patient Conference

"Charting the Course"

April 20-21, 2012
San Diego Marriott La Jolla, La Jolla, California

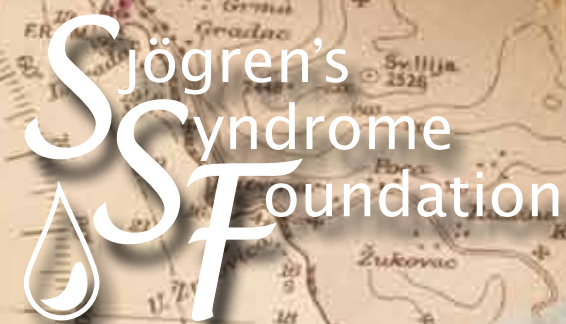
As a Sjögren's patient, it's easy to feel confused or overwhelmed by the abundance of information available about the illness and how it affects your body. But here is your opportunity for "Charting the Course" for an educational journey to take control of your health and day-to-day living by learning from the best minds dealing with Sjögren's. This April, join fellow Sjögren's patients and their family members as well as healthcare professionals and other experts who specialize in Sjögren's at the 2012 SSF National Patient Conference in La Jolla, California.

SSF programs are the best Sjögren's patient education opportunities in the country. They have helped thousands gain a better understanding of Sjögren's and will help you, too. This two-day event will feature an array of presentations from the country's leading Sjögren's experts – physicians, dentists, eye care providers, and researchers – who will help you understand how to manage all key aspects of your disease. Presentation topics will include:

- Overview of Sjögren's Syndrome*
- Sleep Disorders and Sjögren's*
- Dermatological Issues and Sjögren's*
- Gastrointestinal Issues of Sjögren's*
- Gynecological and Urinary Issues with Sjögren's*
- Sjögren's Survival: A Patient Perspective*
- Is it Lupus or Sjögren's?*
- Management of Dry Eye*
- Dry Mouth and Sjögren's*
- Testing New Drugs and Future Directions*
- Sjögren's Research Update*

So this April 20-21, we invite you to join with us in "Charting the Course" to an amazing opportunity for heightening your understanding of Sjögren's at the 2012 National Patient Conference in La Jolla, California!

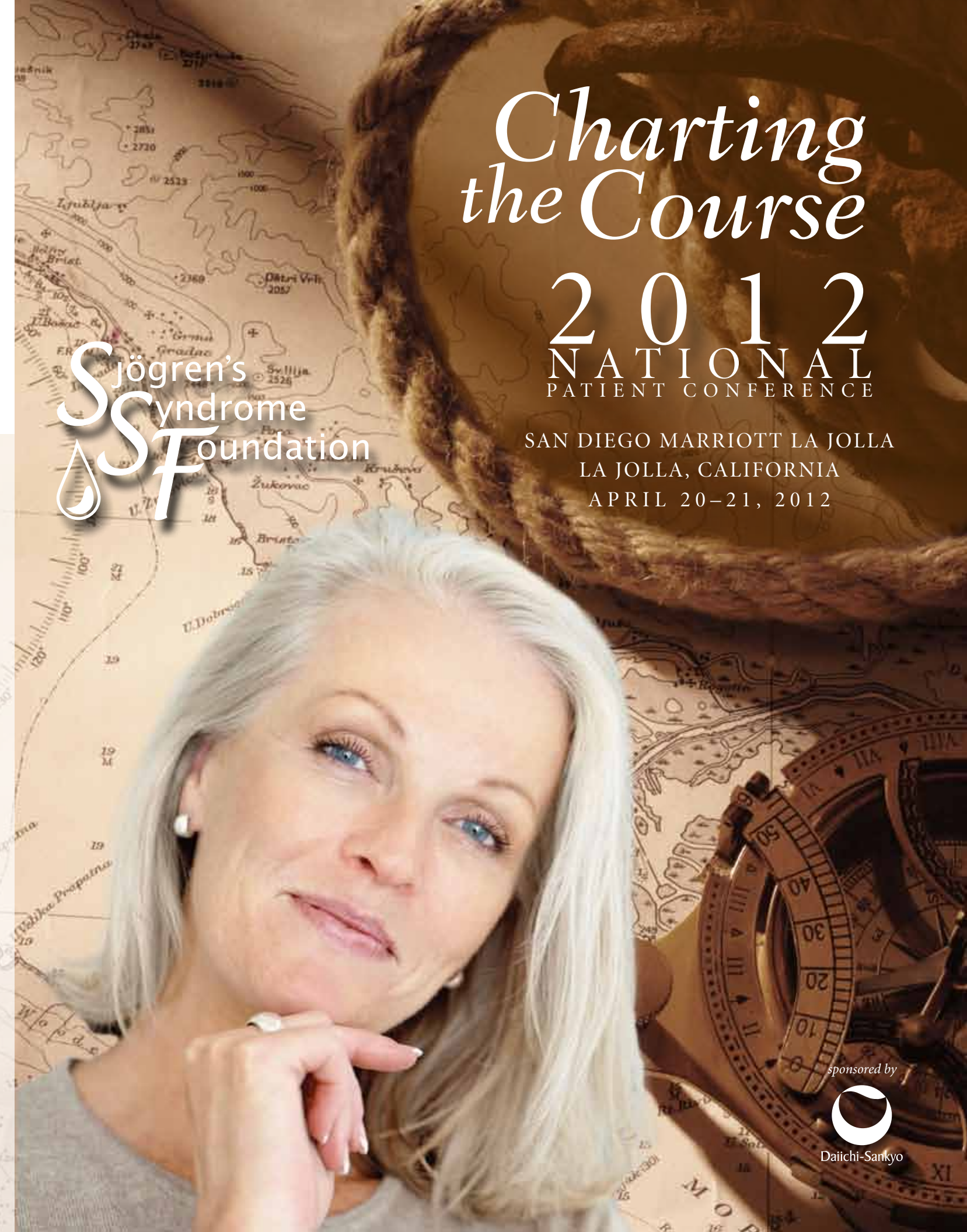
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Charting the Course

2012
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PATIENT CONFERENCE

SAN DIEGO MARRIOTT LA JOLLA
LA JOLLA, CALIFORNIA
APRIL 20-21, 2012



sponsored by



Daiichi-Sankyo

NATIONAL PATIENT CONFERENCE SCHEDULE

Thursday, April 19, 2012

7:00pm – 8:00pm Early Registration and Welcome Reception

Friday, April 20, 2012 *Breakfast on your own*

9:00am Registration and Exhibit Area Opens

10:00am Welcome and Opening Remarks
Steven Taylor, SSF Chief Executive Officer

10:20am **Overview of Sjögren's Syndrome**



Robert I. Fox, MD, PhD, is a rheumatologist, specializing in the pathogenesis and treatment of Sjögren's. He joined the faculty of Scripps Medical and Research Foundation in 1980. In 1999, he moved to the Scripps-XiMED Medical Group located on the main campus of Scripps Memorial Hospital. Dr. Fox has pursued research interests through his role as principal investigator in multi-center clinical trials and his own National Institutes of Health research programs. In recent years, he has served as Rheumatology Editor for *Medscape* and written over 100 articles. Dr. Fox will present a comprehensive explanation of the range of symptoms that Sjögren's patients experience, explain their causes, and offer practical tips for managing them.

11:10am



Management of Dry Eye and Sjögren's
Stephen Cohen, OD, is a private practice optometrist in Scottsdale, Arizona, since 1985, founding board member of the Arizona Optometric Charitable Foundation, 2005 recipient of the "Arizona Optometrist of the Year Award," and published often in professional journals for optometry and ophthalmology. Dr. Cohen has been a principal investigator on a number of FDA clinical studies involving ocular surface disease, Sjögren's, contact lens solutions and contact lenses. This esteemed eye care expert will describe the latest methods and treatment options available for managing dry eye.

12:00 noon **Lunch and Exhibits**

1:20pm



Dry Mouth and Sjögren's
Ava J. Wu, DDS, is Clinical Professor, Department of Orofacial Sciences, School of Dentistry, University of California, San Francisco, where she is Co-Director of the Sjögren's Syndrome Clinic and sees patients as part of the International Sjögren's Syndrome Registry. Dr. Wu's presentation will provide insights into how Sjögren's impacts your oral health as well as information to help manage and minimize the effects of dry mouth issues. After

2012

seeing thousands of patients in her career, Dr. Wu will deliver the answers that you have been waiting to hear.

2:10pm



Dermatological Issues and Sjögren's
Daniel N. Sauder, MD, is Head of Dermatology at Princeton University Medical Center. He is past Chairman of the Department of Dermatology at Johns Hopkins School of Medicine and past Chief of Dermatology at the University of Toronto. Dr. Sauder's research has focused on the molecular mechanism of the cutaneous (skin) immune response. He was instrumental in developing the field of cutaneous cytokine biology by identifying the role of certain immune system molecules, interleukins, and cytokines in inflammatory skin diseases and tumors. Dr. Sauder will enhance your understanding of dermatological issues associated with Sjögren's.

2:50pm

Sjögren's Survival: A Patient Perspective
Join us for a lively patient panel discussion, answering questions and offering suggestions and techniques for managing day-to-day living with Sjögren's. This informative discussion will be a conference highlight!

4:00pm

Break and Exhibits

5:30pm

Banquet Awards Dinner
Join us as we present our National Awards to volunteers, groups and organizations that have helped to further the mission of the Sjögren's Syndrome Foundation.



Saturday, April 21, 2012 *Breakfast on your own*

8:30am **Registration and Exhibit Area Opens**

9:00am **Opening Remarks**

9:05am



Sleep Disorders and Sjögren's
H. Kenneth Fisher, MD, is former Professor of Clinical Medicine, University of California, Los Angeles, and Consultant, Northstar Sleep Laboratory, Casper, Wyoming. Dr. Fisher also is past Clinical Chief of the Pulmonary Division at Cedars Sinai Medical Center in California. Dr. Fisher will discuss what sleep characteristics Sjögren's patients experience, what causes poor sleep in Sjögren's, and what can be done for patients with fatigue induced by poor sleep. He also will add to your understanding of the nature of sleep and what is normal.

9:45am



Gastrointestinal Issues of Sjögren's
Matthew Nichols, MD, is a gastroenterologist and currently practices in Colorado with South Denver Gastroenterology, PC. His areas of special interest include the management of chronic liver and inflammatory bowel diseases. Dr. Nichols is an active participant in the Rocky Mountain Chapter of the Crohn's and Colitis Foundation (CCFA). The manifestations of Sjögren's are multiple, and gastrointestinal involvement is common. Dr. Nichols will enhance your understanding of how the esophagus, stomach, liver, and intestines are affected by Sjögren's.

10:25am



Is it Lupus or Sjögren's?
Daniel J. Wallace, MD, is Clinical Professor of Medicine at the UCLA Cedars-Sinai Medical Center, where he is involved in the care of 2,000 lupus patients, the largest practice of its kind in the United States. Dr. Wallace is the author of six medical textbooks and edited the 2011 edition of the Sjögren's handbook, *"The Sjögren's Book"*. The Wallace Rheumatic Disease Research Center currently runs over 30 clinical trials for patients with various autoimmune diseases. This leading authority on autoimmune disorders will discuss and help you understand the medical history, symptoms, testing and diagnosis of lupus and Sjögren's.

11:05am



Sjögren's Research Update
Steven Taylor, CEO of the Sjögren's Syndrome Foundation, will share an update on the Foundation's Research Program and the goals for 2012. You will learn about how research holds future promise, greater understanding and hope for better therapies for all Sjögren's patients.

11:30am



Sjögren's Walkabout
Participants are encouraged to join us for our national Sjögren's Walkabout – an event where patients and family members come together to stand up for Sjögren's! Walk, support, or cheer on your fellow friends as we take a stroll through the hotel courtyard and the nearby skywalk.

12:45pm

Lunch and Exhibits

1:45pm



Gynecological and Urinary Issues with Sjögren's
Elisa R. Trowbridge, MD, is Assistant Professor of Obstetrics and Gynecology and Urology at the University of Virginia, Charlottesville. Dr. Trowbridge's primary areas of clinical research interest include: surgical and treatment outcomes for pelvic floor disorders (PFD). Additional research interests include: medical education, patient education and satisfaction, epidemiology of pelvic floor disorders (pelvic prolapse and urinary incontinence), sexual function, and mechanism of stress urinary incontinence. Dr. Trowbridge has published 18 peer-reviewed publications and currently serves as an ad hoc reviewer for the *Journal of Urology*, *Journal of Obstetrics and Gynecology Research* and the *Journal of Women's Health*. Dr. Trowbridge will share her wealth of knowledge of gynecological and urinary issues including symptoms, diagnosis and treatment of vaginal discomfort and dryness concerns.

2:25pm



Testing New Drugs and Future Directions
Philip L. Cohen, MD, is Professor of Medicine and Chief of Rheumatology Section, Temple University School of Medicine, Philadelphia, Pennsylvania. Dr. Cohen joined Temple from the University of Pennsylvania's School of Medicine, where he was Professor of Medicine and was Co-Director of the Rheumatology Training Program, and the Philadelphia Veterans Affairs Medical Center, where he was Chief of Rheumatology. Dr. Cohen's research interests include systemic autoimmunity and apoptosis and its disorders, and his clinical interests include systemic lupus, Sjögren's and rheumatoid arthritis. This renowned rheumatology researcher will close out the weekend by looking ahead to what the future holds for Sjögren's treatments.

3:05pm

Conference Recap and Closing Remarks

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